

## CASE STUDY

SENIOR VILLAGE PERRYTON, TX



■ BY STEPHANIE BATES, RN DON

**Re: Resident.WG, blisters/swelling to bilateral lower extremities.**

This resident has edema and was taking 60mg of Lasix by mouth every day to control the swelling in her lower extremities. She also has dementia of the Alzheimer's type and because of this began refusing to take her daily medications. After two days without her medications her lower extremities became very edematous. Upon a routine inspection several large blisters were noted to bilateral heels as a result of the swelling.

**1/28/08:** I contacted DermaSaver and ordered the Stay-Put Heel Protectors for the resident and had them shipped over-night. We also began using the DermaWrap product to help control the swelling to her lower extremities. We then changed her Lasix from a by mouth dose to an injectable form.

**1/29/08:** We began using the DermaSaver Stay-Put Heel Protectors around the clock and began treatments on the resident's heels wrapping with the DermaWrap product on a daily basis.

**1/31/08:** I evaluated the wounds and the progression made. The areas had begun scabbing, healing, no drainage or signs and symptoms of infection and significantly less swelling. Most notable is that there is no evidence of any pressure ulcers developing at this time, because of the resident's status this was a primary concern that we have been able to prevent thus far.

**2/7/08:** I again evaluated the wounds for progress. It was noted that the heels continue to heal without developing pressure ulcers. There is a blood blister that remains after the swelling and blisters have resolved, but tissue surrounding the blister is healthy and healing. Resident was switched back to by mouth Lasix and is taking her medication regularly. We are continuing to use the DermaSaver Stay-Put Heel Protectors as a preventative measure on a daily basis.



DERMASAVER STAY-PUT  
HEEL PROTECTOR



DERMAWRAP

BEFORE USING DERMASAVER STAY-PUT HEEL PROTECTOR



1/28/08

AFTER USING DERMASAVER STAY-PUT HEEL PROTECTOR



2/7/08